



Passionate, caring, and spiritually centered with a master's degree in clinical pastoral counseling, experience facilitating Christian-based therapy with an adult and adolescent population, and the keen ability to blend bio-psycho-social-spiritual aspects during counseling to touch each aspect of brokenness and promote healing within a person's core identity.

“...dedicated to joining Sandy Ranch and the quest of healing women and girls suffering with an eating disorder...facilitate an integrative, biblically-based approach to counseling...master's degree in clinical pastoral counseling...”

Struggled with own eating disorder, emerging through spiritual healing with a steadfast commitment to serving others facing similar battles.

Designed and launched an equine therapy program which, to this day, has helped hundreds of clients facing life-threatening illnesses, changing family units, at-risk behaviors, and emotional and eating disorders. Facilitate an integrative, biblically based approach to counseling and treatment to foster personal growth, advancements in self-confidence, and open lines for unconditional love to be given and received.

During graduate studies, gained knowledge of the causes, differential diagnosis, and special treatment factors involved in dealing with individuals struggling with eating disorders,

and the role of the Christian counselor in the diagnosis, treatment, and healing process.

Possess refined written, verbal, and interpersonal communication skills, and the ability to cultivate relationships with the public and professionals. Solid time management capabilities, demonstrated through leadership of a nonprofit while completing rigorous graduate degree program. Absolutely dedicated to joining Sandy Ranch and the quest of healing women and girls suffering with an eating disorder.

Amy Jayne Thomson

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Columbus, Ohio 12345
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PROFESSIONAL EXPERIENCE

Healing Hands Therapeutic Riding, Inc. –
Columbus, Ohio – 1999 to Present
Executive Director & Therapist

Designed, launched, and manage a 501(c)(3) nonprofit, spiritually based charitable organization striving to improve the quality of life for children with life-threatening illnesses and those emotionally at risk due to today's societal pressures through equine therapy. Develop and implement individualized treatment plans to promote personal growth and success for each participant. Manage the daily operations of a year-round 40-acre farm with 10 horses, offering programs from March to November with ongoing farm activities and camps during off-peak periods. Disseminate the organization's mission and vision throughout a team of staff and volunteers.

- **Personally worked with as many as 50 students each week** dealing with life-threatening illnesses, diabetes, autism, broken families, and genetic, behavioral, and eating disorders.
- **Cultivated community relations** leading to a solid stream of need-based referrals from physicians, nurses, schools, institutions, and local agencies.
- **Initiated, developed, and oversaw an Outreach Program**, certified by the Delta Society, to touch the lives of children, in hospitals and schools, who were unable to participate in onsite programming.
- **Achieved status as a North American Riding for the Handicapped Association Certified Center and Instructor**, demonstrating skills in Equine Management, Horsemanship, Instruction, Teaching Methodology, and Disabilities.

- **Spearheaded fundraising, grant, donor, and corporate sponsorship programs**, making great strides in securing tuition sponsorships and financial aid for each child, and fueling an annual operating budget of up to \$106,000.
- **Led what became the organization's #1 fundraiser**, a summer camp where students learned all aspects of horsemanship; broadened fundraising efforts in 2004 with the launch of the 1st annual Ride-A-Thon.
- **Authored grant proposals and secured funds for pilot programs**; created organization's communications to solicit donations, volunteer support, and appropriately thank participants, donors, sponsors, volunteers, and staff.
- **Recruited an equestrian instructor to assist with creating and facilitating therapeutic riding programs**, helping participants realize a sense of accomplishment, pride, independence, and responsibility.

Dr. Dan Smith– Columbus, Ohio – 1996 to 1998
Office Manager & Lab Technician

Played an integral role in the business, serving as one of only four team members of a busy private practice. Managed patient files and billings with discretion, upholding the highest ethics in dealing with confidential and sensitive information. Cross-trained in laboratory functions to provide additional support.

- **Gained extensive experience working with highly diverse clientele**, strengthening my ability to work with those with varied backgrounds, cultural norms, and communication styles.

ACADEMIC BACKGROUND

Ashland Theological Seminary – Ashland, Ohio
Master of Arts – 2007

Major: Clinical Pastoral Counseling
Honors: 3.8 GPA

Otterbein College – Westerville, Ohio
Bachelor of Arts – 1996

Major: Equine Science, Minor: Feminism Studies
Honors: Dean's List, 3.6 GPA

SELECTED COURSEWORK

Dynamics of Eating Disorders
Counseling Theories & Techniques
Group Dynamics & Counseling
Social & Cultural Issues in Counseling
Treatment Planning, Principles, & Practice
Psychological Testing & Evaluation
Professional Ethics & Responsibilities
Biblical Themes in Pastoral Counseling
Treatment of Mood & Anxiety Disorders
Personality Assessment
Diagnosis of Children
Dimensions of Healing
Differential Diagnosis
Theology of Suffering
Supervision in Counseling
Research Methods & Design
Developmental Psychology
Substance Abuse Counseling
Marriage, Lifestyle, & Career Counseling
Abnormal Personality Disorders
Biblical Hermeneutics

PROFESSIONAL AFFILIATIONS

Executive Female Ministerial Alliance (EFMA)

North American Riding for the Handicapped Association (NARHA)